



COMMUNITY HEALTH IMPLEMENTATION STRATEGY PLAN

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2023 – 2025 COMMUNITY HEALTH IMPLEMENTATION STRATEGY

Health Needs of the Community

Every three years, Lakewood Health System conducts a comprehensive Community Health Needs Assessment (CHNA) to identify unmet health needs. The 2022 CHNA report, which included significant community input and an extensive analysis of key health and social metrics, formed the basis for the strategies Lakewood Health System and its community partners will focus on to address the needs of the community.

The complete 2022 CHNA report is available electronically at: lakewoodhealthsystem.com.



Adoption of Implementation Strategy

On February 23, 2023, Lakewood Health System's Board of Directors approved the 2023–2025 Implementation Strategy Plan to address the community health needs identified in the 2022 CHNA.

HEALTH EQUITY

Approach to Health Equity

Lakewood Health System is committed to reducing disparities and striving for the highest possible standard of health for all people. This implementation strategy was developed in partnership with the community and will focus on specific populations and geographies most impacted by the unmet needs being addressed.

Lakewood Health System intends to:

- Prioritize and focus on groups of individuals who have been excluded or marginalized in the past.
- Utilize qualitative data alongside quantitative data to better understand disparities between subpopulations and the factors that contribute to those disparities.
- Broaden partnerships to help tackle root cause issues.
- Identify achievable ways to make a meaningful difference.

Definition of Health Equity

"Health equity means that everyone has a fair and just opportunity to be as healthy as possible," Robert Wood Johnson Foundation.

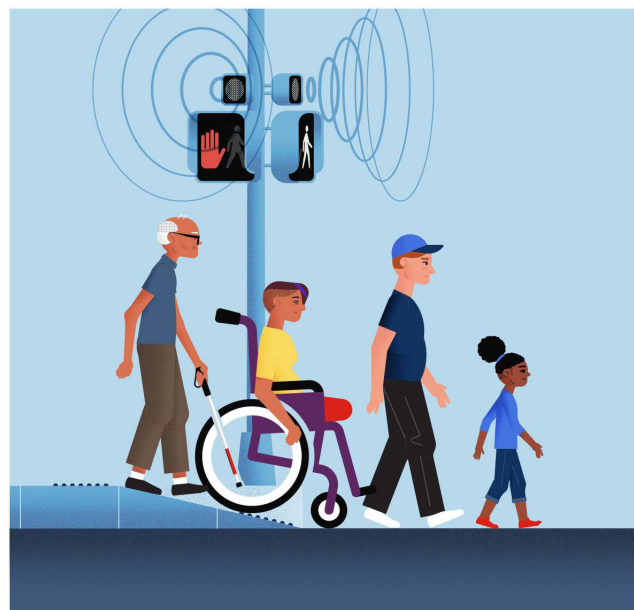
EQUALITY:

Everyone gets the same – regardless if it's needed or right for them.



EQUITY:

Everyone gets what they need – understanding the barriers, circumstances, and conditions.



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PRIORITY AREA #1

Promoting Quality of Life

GOAL: Improve the physical, social, and mental well-being of individuals, youth, and families.



1.a: Strengthen Partnerships

Leverage collaboration to assess mental health status and needs, identify gaps and opportunities, and monitor data.



1.b: Evidence-Based Programs and Practices

Offer and promote effective and evidence-based mental health programs and services across the region.



1.c: School-Based Collaboration

Enhance services and provide outreach to high-risk children and family at local school districts.



1.d: Suicide Care Pathways

Develop internal processes and plans, and/or expand on existing community-wide pathway to care models, to prevent suicide and provide safer and compassionate suicide care.



1.e: Fight the Opioid Epidemic

Participate in the Todd County Opioid Settlement Advisory Council to reduce the negative impacts associated with opioid use disorders and guide spending of National Opioid Settlements.



1.f: Integrate Health and Well-Being Activities

Align and promote health and well-being activities as part of infrastructure projects and with community sectors (e.g., programming at SAFM, ISD #2170 Wellness Facility, and for Fresh Delivered Seniors).



1.g: Grantmakers in Health

Facilitate an investment process to award community projects that aligns with CHNA priorities and improves quality of life.



PRIORITY AREA #2

Improving Access to Resources and Care

GOAL: Foster opportunities to improve access to resources and care by addressing social risk factors and disparities that impact health and health outcomes.



2.a: Strengthen Partnerships

Encourage and participate in collaboration to assess community need, identify gaps and opportunities, and monitor data.



2.b: Food and Nutrition Security Programs

Invest and improve internal referral programs that strive to improve food and nutrition security for patients, individuals and youth. (e.g., Food Farmacy, Fresh Delivered, Cardinal PAX, Meals @ Discharge, and Meals @ Baby).



2.c: Clinic-Based Screenings and Referrals

Enhance and expand clinic-based screenings, care coordination, and referral processes to connect internal programs and community-based initiatives to patients who demonstrate social needs and challenges.



2.d: Culturally Competent Care

Advance culturally and linguistically competent strategies to improve patient-centered care and reduce health disparities experienced by Hispanics/Latinos (e.g., health literacy, community-clinical linkages, and birth equity).



2.e: Child and Teen Check-Up

Enhance Child and Teen Check-Up (C&TC) access and outreach to increase utilization of primary and preventive health care.



PRIORITY AREA #3

Enhancing the Built Environments

GOAL: Participate in advocacy, economic and infrastructure opportunities to ensure individuals, youth, families, and communities thrive.



3.a: Advocate for Healthy Communities

Participate in state and national initiatives to create vibrant communities, such as Good Food Access, Safe Routes to School, Walk- and Bike-Friendly communities, and Age-Friendly communities.



3.b: Community Advocacy

Improve community vitality and assets by actively supporting and influencing local government, the business community, and educational institutions (e.g., assess needs, develop plans, and make investments).



3.c: Staples Area Farmers Market Pavilion

Construct a permanent Staples Area Farmers Market pavilion at the Lakewood Health System hospital campus to improve the accessibility, affordability, and availability of fresh, local foods.



3.d: Built Environment Improvements

Invest in step-up and mixed-use housing and retail space to catalyze community revitalization efforts in the City of Staples.



3.e: School Wellness Facility

Support the construction and utilization of the Staples-Motley Independent School Wellness Facility.



PLANNED COLLABORATION

To accomplish implementation strategies, Lakewood Health System anticipates collaborating with the following partners within each priority area:

Promoting Quality of Life

- Healthy Kids Collaborative
- Lakewood Health System Behavioral Health Home
- Lakewood Health System Community Health
- Leadership, Engagement, Advocacy, and Positiveness (LEAP)
- Morrison-Todd-Wadena Community Health Board (CHB)
- Region V+ Adult Mental Health Initiative
- Staples Motley Beyond Poverty
- Staples-Motley Independent School District
- Todd County Family Services Collaborative
- Todd County Opioid Settlement Advisory Council
- Wadena County Suicide Prevention Collaborative

Improving Access to Resources and Care

- Catholic Charities
- Central Lakes College Staples - EPRI
- Central MN Council on Aging
- Healthy Kids Collaborative
- Hilltop Regional Kitchen
- Lakewood Health System Clinics
- Lakewood Health System Community Health
- LEAP
- Minnesota Department of Human Services - Integrated Health Partnerships
- Long Prairie Chamber of Commerce
- Morrison-Todd-Wadena CHB
- Staples Motley Beyond Poverty
- Staples-Motley Independent School District
- Second Harvest Heartland
- The Food Group
- Todd County Public Health
- Traditions Meal Solutions
- WAVE Saludos
- University of Minnesota Extension

Enhancing the Built Environments

- American Association of Retired Persons (AARP) Network
- Compeer Financial
- Central MN Council on Aging
- City of Staples
- Hunger Solutions
- Lakewood Health System Community Health
- Local Chamber of Commerce
- Local Growers
- Minnesota Department of Health
- Minnesota Department of Transportation
- Staples-Motley Independent School District
- Staples Lions Club



PLANNED COLLABORATION

To accomplish implementation strategies, Lakewood Health System anticipates collaborating with the following partners:

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- Healthy Kids Collaborative
- Lakewood Health System Behavioral Health Home
- Lakewood Health System Community Health
- LEAP: Leadership, Engagement, Advocacy, and Positiveness
- Morrison-Todd-Wadena Community Health Board (CHB)
- Region V+ Adult Mental Health Initiative
- Staples Motley Beyond Poverty
- Staples-Motley Independent School District
- Todd County Family Services Collaborative
- Todd County Opioid Settlement Advisory Council
- Wadena County Suicide Prevention Collaborative

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- Catholic Charities
- Central Lakes College Staples - EPRI
- Central MN Council on Aging
- Healthy Kids Collaborative
- Hilltop Regional Kitchen
- Lakewood Health System Clinics
- Lakewood Health System Community Health
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- American Association of Retired Persons (AARP) Network
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EVALUATION OF IMPACT

Evaluation Framework

Lakewood Health System will monitor and evaluate the strategies and activities outlined above. Over the next three years, it is anticipated the actions taken to address the unmet health needs will have a profound impact on individuals, youth, and families, and on whole communities.

Lakewood Health System is committed to monitoring key initiatives to assess short- and long-term impact. Systems are currently in place to collect and track performance measures, such as the number of people reached and served; number of referrals made; number of interventions and programs implemented; investments made to advance strategies; and collaborative efforts that helped to address health needs.

Lakewood Health System will actively and regularly analyze strategies to determine if processes and outcomes are achieving favorable results and if specific populations are being reached.

An evaluation of Lakewood Health System's actions taken to address these significant health needs will be reported in the next scheduled 2025 Community Health Needs Assessment.

Contact

Lakewood Health System

49725 County 83

Staples, MN 56479

218-894-1515

www.lakewoodhealthsystem.com

