

DISABILITY ASSESSMENT



SOURCE: Behavioral Health

This questionnaire asks about difficulties due to health conditions. Health conditions include diseases or illnesses, other health problems that may be short or long lasting, injuries, mental, or emotional problems, and problems with alcohol or drugs.

Think back over the past 30 days and answer the below questions, thinking about how much difficulty you had doing the following activities. For each question, choose the one response that fits best.

In the past 30 days, how much difficulty did you have:		
S1	Standing for long periods, such as 30 minutes?	
S2	Taking care of your household responsibilities?	
S3	Learning a new task, for example, learning how to get to a new place?	
S4	Joining in community activities (festivities, religious, etc.) in the same way others can?	
S5	Being emotionally affected by your health problems?	
S6	Concentrating on doing something for 10 minutes?	
S7	Walking a long distance, such as a mile?	
S8	Washing your whole body?	
S9	Getting dressed?	
S10	Dealing with people you do not know?	
S11	Maintaining a friendship?	
S12	Doing your day-to-day work?	

H1	Overall, in the past 30 days, how many days were these difficulties present?	Days _____
H2	In the past 30 days, for how many days were you totally unable to carry out your usual activities or work because of any health condition?	Days _____
H3	In the past 30 days, not counting the days you were totally unable, how many days did you cut back or reduce your usual activities because of any health conditions?	Days _____

WHODAS 2.0

World Health Organization

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