

Generations Café: Week #1

	Breakfast	Lunch	Dinner
Monday	Cream of rice Pancakes Sausage link	Cheeseburger Dill Pickle Salad Creamy Coleslaw Banana Cream Pie	BBQ Pork Ribs Rubbed Sweet Potatoes w/Cinnamon Butter Broccoli Cuts Mixed Berries
Tuesday	Malt O Meal Omelet	Pulled Pork on Bun French Fries Sicilian Vegetables Chocolate Brownie	Chicken Wild Rice Soup Egg Salad Sandwich Green Peas Diced Peaches
Wednesday	Cream of wheat Fried egg Biscuit Sausage gravy	Fried Chicken Baked Potato Pickled Beet Salad Strawberry Rhubarb Pie	Hamburger Casserole Tossed Salad with Dressing Diced Pears
Thursday	Oatmeal Egg and sausage bake	Philly Meatloaf Au Gratin Potatoes Whole Kernel Corn Cherry Cheesecake	BBQ Pork Rib Patty Red Skin Potato Salad Baked Beans Cantaloupe
Friday	Caribbean cornmeal porridge Bacon Blueberry croissant bake	Reuben Sandwich French Fries Cashew Pea Salad Rice Krispie Treats	Cream of Potato Soup Ham Salad Sandwich Baby Carrots Banana
Saturday	Malt O Meal Scrambled eggs Ham patty	Country Fried Steak Country Gravy Mashed Potatoes Bacon Cheddar Green Bean Casserole Chocolate Chip Cookie	Chicken Bacon Ranch Wrap Harvest Cheddar Sun Chips Broccoli salad Mandarin Oranges
Sunday	Cream of wheat Sausage patty Fried egg Churro donut	BBQ Chicken Pasta Salad Roasted Asparagus Cherry Pie	Beef Brisket Tator Tots Apple Bacon Coleslaw Honeydew Melon

Generations Cafe is located near the care center at the Senior Campus of Lakewood Health System.
Café menus rotate on a four-week cycle. Week 1: Starts April 7, 2025.



Generations Café: Week #2

	Breakfast	Lunch	Dinner
Monday	Oatmeal Egg and sausage breakfast sandwich	Baked Penne With Sausage Seasoned Green Beans Garlic Bread Strawberry Gelatin Parfait	Tomato Basil Bisque Grilled Cheese Sandwich Malibu Vegetable Blueberries & Pears
Tuesday	Cream of wheat Belgian waffle with strawberries and whipped topping Bacon	Sloppy Joes Potato Salad Mixed Vegetables Strawberry Shortcake	Vegetable Beef Soup Turkey & Swiss on Sourdough Peas & Carrots Diced Peaches
Wednesday	Malt O Meal Fried egg Biscuit Sausage gravy	Glazed Pork Roast Baked Potato Roasted Broccoli with Bacon Peach Cobbler	Beef Chili Whole Kernel Corn Cornbread Diced Pears
Thursday	Cream of wheat Hard boiled egg Lemon poppy seed bread	Pork Egg Roll Fried Rice Asian Vegetable Blend Lemon Bar	Tossed Salad with Dressing Pizza Grapes
Friday	Oatmeal Diced peaches French toast sticks Sausage links	Hamburger Steak with Mushrooms Brown Gravy Mashed Potatoes Baby Carrots Rhubarb Cake	Chicken Bacon Ranch Casserole Broccoli & Cauliflower w/ Cheese Garlic Bread Mandarin Oranges
Saturday	Cream of rice Scrambled eggs Bacon	Spaghetti and Meatballs Tossed Salad with Dressing Breadstick Assorted Ice Cream	Hot Dog Potato Salad Baked Beans Watermelon
Sunday	Malt O Meal Scrambled egg with cheese Ham patty Long john donut	Smoked Sausage in Sauerkraut Fried Potatoes Mixed Vegetables Chocolate Cream Pie	Hungarian Pork Tips Mashed Potatoes Green Peas Diced Pineapple

Generations Cafe is located near the care center at the Senior Campus of Lakewood Health System.
Café menus rotate on a four-week cycle. Week 1: Starts April 14, 2025.





Generations Café: Week #3

	Breakfast	Lunch	Dinner
Monday	Cream of wheat Sausage link Fritter French toast	Beef Stroganoff Egg Noodles Baby Carrots Butterscotch Blondie	Chicken Parmesan Sandwich Italian Pasta Salad Vegetable Sticks Cantaloupe
Tuesday	Oatmeal Eggs Benedict	Breaded Fish Sandwich Lettuce & Tomato French Fries Whole Kernel Corn	Split Pea Soup Zippy Egg Salad Sandwich California Vegetable Blend Sliced Strawberries
Wednesday	Cream of rice Fried egg Sausage gravy Biscuit	Chicken Quesadilla Spanish Rice Broccoli Florets Rainbow Poke Cake	BBQ Meatballs Hash brown Casserole Capri Vegetable Blend Diced Peaches
Thursday	Malt O Meal Blueberry pancakes Bacon	Sliced Baked Ham Oven Roasted Red Potatoes Asparagus No Bake Cookie	Chicken Chow Mein Buttered Rice Asian Vegetable Blend Mandarin Oranges
Friday	Cream of wheat Sausage patty Fried egg	Chicken Tenders Ranch Pasta Salad Creamy Cucumber & Onion Salad Blueberry Pie	Mushroom Swiss Hamburger Tator Tots Creamy Coleslaw Diced Pears
Saturday	Oatmeal Hard boiled egg Caramel roll	Ham Loaf Sour Cream Mashed Potatoes Green Beans Rainbow Sherbet	Goulash Peas & Carrots Dinner Roll Spiced Apricots
Sunday	Cream of rice Sausage link French toast sticks	Smokey Ranch Chicken Potato Salad Pork & Beans Banana Pudding	Soft Beef Tacos Mixed Vegetables Raspberry Peaches

Generations Cafe is located near the care center at the Senior Campus of Lakewood Health System.
Café menus rotate on a four-week cycle. Week 1: Starts April 21, 2025.





Generations Café: Week #4

	Breakfast	Lunch	Dinner
Monday	Malt O Meal Scrambled eggs Fruit danish	Breaded Shrimp Potato Wedges Cauliflower Salad with bacon Monster Cookies	Vegetable Garden Soup Bologna Sandwich Pickled Beet Salad Watermelon
Tuesday	Cream of wheat Pancakes Bacon	Smothered Pork with Onions Pork Gravy Mashed Potatoes Cauliflower with Cheese Sauce Raspberry Ripple Pudding	Cold Tuna Pasta Salad Blueberry Muffin Marinated Tomato Cucumber Salad Mandarin Oranges
Wednesday	Oatmeal Fried egg Sausage gravy Biscuit	Beef Ravioli w/ Marinara Sauce Three Bean Salad Garlic Bread Peach Pie	Tater Tot Casserole Sliced Carrots Honeydew Melon
Thursday	Cream of rice Sausage patty Fritter French toast	Sirloin Steak Rice Pilaf Sauteed Green Beans Key Lime Bars	Beef Pot Roast Roasted Sweet Potato Cheesy Cabbage Diced Pears
Friday	Malt O Meal Bacon Baked cheese omelet	Fish Nuggets French Fries Vegetable Sticks Ranch Dressing Strawberry Cream Pie	Polish Sausage Ranch Pasta Salad Pork & Beans Diced Peaches
Saturday	Cream of wheat Scrambled eggs Bacon	Sliced Baked Ham Scalloped Potatoes Grilled Vegetables S'more Pudding Parfait	Chicken Drumstick Fried Potatoes Creamed Peas Mixed Berries
Sunday	Oatmeal Hard boiled egg Cinnamon roll	Macaroni & Cheese Roasted Asparagus White Dinner Roll Assorted Ice Cream	Tossed Salad with Dressing Supreme Pizza Watermelon

Generations Cafe is located near the care center at the Senior Campus of Lakewood Health System.
Café menus rotate on a four-week cycle. Week 1: Starts April 28, 2025.

