

The Grille: Week #1

	Breakfast	Lunch	Dinner
Sunday	Oatmeal Cook's choice	Cook's choice soup Chef salad Garden blend vegetables Pecan pie cobbler	Cook's choice soup Philly cheese steak casserole Corn
Monday	Oatmeal Cherry lemon poppy seed coffee cake	Loaded hash brown soup Chicken pesto pasta bake Herb crusted pork roast Stuffing Sauteed green beans Special K bar	Loaded hash brown soup Hot roast beef sandwich Mashed potatoes and gravy Mixed vegetables
Tuesday	Malt O Meal Breakfast crunch wrap burrito Scone	Hamburger soup Veggie lover pizza Keto veggie lover pizza Bourbon chicken White rice Broccoli French silk pie	Hamburger soup Chicken drumstick Roasted potatoes California blend vegetables
Wednesday	Oatmeal Stuffed French toast	Creamy chicken mushroom soup Beef nachos with toppings Summer crunch salad Cheese stuffed bread stick Roasted beets Strawberry pretzel salad	Creamy chicken mushroom soup Parmesan breaded cod strips Broccoli slaw
Thursday	Malt O Meal Biscuits and gravy Maple glazed cinnamon roll	Sausage sweet potato soup BBQ pulled pork sandwich Baked beans Pizza quesadilla Fresh vegetable cup Plain New York Cheesecake	Sausage sweet potato soup Swedish meatballs Mashed potatoes Peas
Friday	Blueberry oatmeal Sausage vegetable egg bake	Chicken dumpling soup Red pepper hummus wrap Walleye strips Homemade potato chips Steamed carrots Creamy chocolate mousse	Chicken dumpling soup Corn bread casserole Green beans
Saturday	Malt O Meal Cook's choice	Cook's choice soup Lasagna Cook's choice vegetable Chocolate chip cookie	Cook's choice soup Salsa chicken Spanish rice Bermuda blend vegetables

The Grille is located on the lower level of the Main Campus of Lakewood Health System.
Grille menus rotate on a four-week cycle. Week 1: Starts April 6, 2025.



The Grille: Week #2

	Breakfast	Lunch	Dinner
Sunday	Oatmeal Cook's choice	Cook's choice soup Pork fried rice Egg rolls Asian blend vegetables Assorted dessert bar	Cook's choice soup Caesar salad Cook's choice vegetable
Monday	Oatmeal Cottage cheese breakfast bowl Chocolate bread	Cheesy sausage potato soup Chicken Alfredo Cheese stuffed bread stick Wedge salad Mixed vegetables Cherry cobbler	Cheesy sausage potato soup Seasoned roasted turkey Cheesy red potatoes Parmesan roasted Brussel sprouts
Tuesday	Malt O Meal Apple cinnamon French toast	Chicken wild rice soup Bacon jam burger General Tso chicken Rice or Cauliflower rice Cream cheese wontons Sauteed garlic green beans Peanut butter bar	Chicken wild rice soup Roast beef Mashed potatoes and gravy Peas
Wednesday	Blueberry cheesecake overnight oats Loaded omelet biscuit sandwich	Beef and barley soup Thai chicken lettuce wrap Oven baked barbecue ribs Potato salad Corn on the cob Fruit pizza	Beef and barley soup Baked ziti Garlic toast Corn
Thursday	Malt O Meal Pancakes	Cheeseburger soup Tex-mex turkey stuffed peppers Baked potato bar with toppings Garden blend vegetables Chocolate chip brownies	Cheeseburger soup Beer battered cod Macaroni salad Steamed broccoli
Friday	Brown sugar oatmeal English muffin egg bake Caramel roll	Elote corn soup Homemade chicken salad on croissant BBQ pulled pork salad Grilled asparagus Almond joy bar	Elote corn soup Sausage pepperoni pizza Bermuda blend vegetables
Saturday	Malt O Meal Cook's choice	Cook's choice soup Chopped power salad Cook's choice vegetable Lemon cookie	Cook's choice soup Macaroni and cheese Fresh vegetable cup

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The Grille: Week #3

	Breakfast	Lunch	Dinner
Sunday	Oatmeal Cook's choice	Cook's choice soup Meatloaf Stuffing Mixed vegetables Assorted dessert bar	Cook's choice soup Fish sandwich Homemade potato chips Cook's choice vegetable
Monday	Oatmeal Yogurt parfait Scone	French onion soup Teriyaki chicken noodles Hot turkey sandwich Mashed potatoes and gravy Bermuda blend vegetables Chocolate chip cookie pizza	French onion soup Garlic parmesan pork bites Rice pilaf Green beans
Tuesday	Cinnamon Malt O Meal Biscuits and gravy	Cheesy chicken enchilada soup Southwestern salad Garlic toast Burger bowl Roasted carrots Cheesecake with blueberry topping	Cheesy chicken enchilada soup Crispy chicken sandwich Summer pasta salad Malibu blend vegetables
Wednesday	Oatmeal Cheesy breakfast casserole Cinnamon roll	Chicken noodle soup Calzone Lemon grilled salmon Roasted sweet potatoes Sauteed cabbage Monster cookie bar	Chicken noodle soup Pork carnitas tacos Spanish rice Corn
Thursday	Malt O Meal Breakfast pizza	Beef and pepper soup Greek nachos Cheesy BBQ chicken hoagie Curly fries Garden blend vegetables Strawberry shortcake cup	Beef and pepper soup Baked ziti Peas
Friday	Oatmeal Mediterranean egg scramble	White bean soup Beef brisket Baby red potatoes Cheesy cauliflower casserole Broccoli Fruit forest pie with whipped topping	White bean soup Burrito bowl Rice or cauliflower rice California blend vegetables
Saturday	Malt O Meal Cook's choice	Cook's choice soup Turkey pesto panini Tator tots Fresh baby carrots Corn flake cookie	Cook's choice soup Greek salad Cook's choice vegetable

The Grille is located on the lower level of the Main Campus of Lakewood Health System.
Grille menus rotate on a four-week cycle. Week 2: Starts April 20, 2025.



The Grille: Week #4

	Breakfast	Lunch	Dinner
Sunday	Oatmeal Cook's choice	Cook's choice soup Shrimp fettuccine alfredo Corn Chocolate chip peanut butter cookie	Cook's choice soup Three cheese pizza Peas
Monday	Cinnamon roll oatmeal Tator tot breakfast hotdish	Chicken wild rice soup Smash burger Sweet potato fries Sub in a tub salad Garden blend vegetable Triple berry crumb bar	Chicken wild rice soup Chicken taquito Spanish rice Refried beans
Tuesday	Peanut butter chocolate chip overnight oats Avocado toast	Tomato basil soup Spaghetti and meat sauce Garlic toast Tempura battered tofu Sauteed green beans Chocolate truffle bar	Tomato basil soup Baked potato bar Cook's choice vegetable
Wednesday	Oatmeal Sausage egg and cheese quesadilla Caramel roll	Cheesy ham soup BBQ chicken thigh Roasted potato medley Egg roll in a bowl Sauteed asparagus Cookies and cream Rice Krispies	Cheesy ham soup Seasoned pork loin Stuffing Bermuda blend vegetables
Thursday	Malt O Meal Pancakes	Chicken tortilla soup Antipasto salad Roasted turkey Scalloped potatoes Steamed carrots Fruit pizza	Chicken tortilla soup Chicken enchiladas Corn
Friday	Oatmeal Ham and cheese breakfast sandwich Blueberry bread	Cauliflower cream soup Grilled cuban wrap Parmesan baked cod Riced cauliflower mash Broccoli French silk pie brownie	Cauliflower cream soup BLT turkey burger Potato salad Sauteed green beans
Saturday	Malt O Meal Cooks choice	Cook's choice soup Dry rub ribs Cornbread Baked beans Cool Whip cookies	Cook's choice soup Salisbury steak Mashed potatoes and gravy Mixed vegetables

The Grille is located on the lower level of the Main Campus of Lakewood Health System.
Grille menus rotate on a four-week cycle. Week 2: Starts April 27, 2025.

