The Grille: Daily Specials

WEEK 1

	BREAKFAST | 6:30 - 10:00 A.M.	LUNCH | 11:00 A.M. - 1:30 P.M.	DINNER | 4:30 - 6:30 P.M.
Sunday	Oatmeal Cook's choice	Cook's choice soup Parmesan basil cod French fries Mixed vegetables Turtle brownie	Cook's choice soup Chicken enchiladas Broccoli
Monday	Oatmeal Eggs Benedict casserole Blueberry bread	Black bean Cuban soup Macaroni and cheese Citrus pepper salmon Butter and herb orzo Peas Warm apple crisp with whipped topping	Black bean Cuban soup Meatloaf Au gratin potatoes Capri blend vegetables
Tuesday	Malt O Meal Pancakes	Chicken wild rice soup Tater tot hot dish BBQ cheddar turkey burger Potato wedge Winter blend vegetables Blueberry cheesecake bar	Chicken wild rice soup Pepperoni pizza Fresh baby carrots
Wednesday	Oatmeal Bagel with salmon lox	Red pepper and Gouda bisque Roast beef Mashed potatoes and gravy Gyro salad California blend vegetables S'more bar	Red pepper and Gouda bisque Beef taco Refried beans Corn
Thursday	Malt O Meal Biscuit breakfast sandwich Caramel roll	Chili with corn bread Grilled vegetable panini Tuscan garlic chicken Sautéed green beans Kuchen bars	Chili with corn bread Popcorn chicken bowl Bermuda blend vegetables
Friday	Peanut butter banana oatmeal Biscuits and gravy	Zesty bean soup Beef bulgogi bowl Caribbean turkey wrap Malibu blend vegetables Pumpkin bar	Zesty bean soup Breaded butterfly shrimp French fries Coleslaw
Saturday	Malt O Meal Cook's choice	Cook's choice soup Swedish meatballs Egg noodles Bermuda blend vegetables Maple pecan pie bars	Cook's choice soup Chicken Kiev Roasted potatoes Cauliflower

The Grille is located on the lower level of the Main Campus of Lakewood Health System.
Grille menus rotate on a four-week cycle. Week 1: Starts October 4, 2026.

thegrille at LAKEWOOD HEALTH SYSTEM

The Grille: Daily Specials

WEEK 2

	BREAKFAST | 6:30 - 10:00 A.M.	Lunch | 11:00 a.m. - 1:30 p.m.	Dinner | 4:30 - 6:30 p.m.
Sunday	Oatmeal Cook's choice	Cook's choice soup Wild rice hot dish Cook's choice vegetable No bake cookie	Cook's choice soup BBQ pulled pork sandwich Mixed vegetables
Monday	Apple cinnamon oatmeal Veggie quiche or crust-less quiche	Hungarian mushroom soup Zesty Italian pizza Chicken pot pie Malibu blend vegetables Praline crunch bar	Hungarian mushroom soup Breaded cod Rice pilaf California blend vegetables
Tuesday	Maple brown sugar Malt O Meal Sweet potato breakfast hash	White chicken chili Million dollar rigatoni Bread stick Brisket patty melt Coleslaw Marshmallow chocolate poke cake	White chicken chili Country fried steak Mashed potatoes and country gravy Peas
Wednesday	Oatmeal bar Fritter French toast bake	Beef stew Sloppy Joe sandwich Fried rice Egg rolls Cream cheese wontons Asian blend vegetables Dubai chocolate torte	Beef stew Smothered pork chops Roasted potatoes Bermuda blend vegetables
Thursday	Malt O Meal Cheesy croissant casserole Powered donut holes	Broccoli and cheese soup Bone-in-chicken Mashed potatoes and gravy Teriyaki salmon salad California blend vegetables Pineapple upside down cake	Broccoli and cheese soup Chipotle chicken burger Pasta salad Sliced carrots
Friday	Oatmeal Open face bagel sandwich	Harissa white bean soup Southwest chicken burrito Pork tenderloin Cheesy hash browns Squash Chocolate ganache bunt cake	Harissa white bean soup Roasted turkey breast Stuffing Garden blend vegetables
Saturday	Malt O Meal Cook's choice	Cook's choice soup Seasoned roast beef Creamy garlic pasta Mixed vegetables Cookies and cream poke cake	Cook's choice soup Fettuccine Alfredo Broccoli

The Grille is located on the lower level of the Main Campus of Lakewood Health System.
Grille menus rotate on a four-week cycle. Week 2: Starts October 11, 2026.

thegrille at LAKEWOOD HEALTH SYSTEM

The Grille: Daily Specials

WEEK 3

	BREAKFAST | 6:30 - 10:00 A.M.	LUNCH | 11:00 A.M. - 1:30 P.M.	DINNER | 4:30 - 6:30 P.M.
Sunday	Cinnamon oatmeal Cook's choice	Cook's choice soup Parmesan turkey meatballs Mashed potatoes Peas Coconut cookie	Cook's choice soup Mini corn dogs Capri vegetable blend
Monday	Oatmeal Biscuits and gravy Pancakes	Reuben soup Animal style smash burger Sweet potato fries Italian chopped salad Sauteed green beans Peanut butter poke cake	Reuben soup Roast beef and cheddar on a bun Carrots
Tuesday	Malt O Meal Sausage and potato wrap Caramel roll	Chicken enchilada soup Seasoned roasted turkey Roasted potatoes Spinach artichoke pasta bake Bermuda blend vegetables Pumpkin cake	Chicken enchilada soup Garlic butter salmon Rice pilaf Cauliflower
Wednesday	Oatmeal Vegetable egg bake	Turkey chili Traditional or boneless wings Picnic style pasta salad Blackened chicken Alfredo noodles Green beans Cookie butter banana pie	Turkey chili Baked ravioli Bread steak Steamed broccoli
Thursday	Malt O Meal Biscuits and gravy egg bake Chocolate bread	Chicken and sausage gumbo Beef or fish tacos Spanish rice Street corn chicken bowl California blend vegetables Churro bites	Chicken and sausage gumbo Bratwurst on a bun Chips Winter blend vegetables
Friday	Maple and brown sugar oatmeal Denver omelet	Creamy Italian soup Ground turkey skillet Queso chicken and rice Corn Chocolate crunch brownie	Creamy Italian soup Pepperoni bacon pizza Fresh vegetable cup
Saturday	Malt O Meal Cook's choice	Cook's choice soup White cheddar mac and cheese Sliced carrots Rice crispy bar	Cook's choice soup Beer battered fish French fries Malibu blend vegetables

The Grille is located on the lower level of the Main Campus of Lakewood Health System.
Grille menus rotate on a four-week cycle. Week 3: Starts October 18, 2026.

thegrille at LAKEWOOD HEALTH SYSTEM

The Grille: Daily Specials

WEEK 4

	BREAKFAST | 6:30 - 10:00 A.M.	LUNCH | 11:00 A.M. - 1:30 P.M.	DINNER | 4:30 - 6:30 P.M.
Sunday	Oatmeal Cook's choice	Cook's choice soup Roasted turkey Mashed potatoes and gravy Winter blend vegetables 7-layer bars	Cook's choice soup Creamed chicken over a biscuit Capri blend vegetables
Monday	Oatmeal Breakfast casserole Powered donut holes	Steak and potato soup Garlic Parmesan chicken casserole Quesabirria Corn Raspberry cheesecake chimichanga	Steak and potato soup Asian BBQ pork White rice Broccoli
Tuesday	Malt O Meal Ham and Swiss breakfast bake	Chicken noodle soup Mississippi pot roast Mashed potatoes Chicken pesto flat bread pizza Green beans Mini donuts	Chicken noodle soup Stromboli Peas
Wednesday	Oatmeal Breakfast enchiladas	Buffalo chicken soup Beef chimichanga with toppings Greek nachos Roasted zucchini Carrot cake	Buffalo chicken soup Cheesy potato and kielbasa bake Malibu blend vegetables
Thursday	Malt O Meal Apple cinnamon bake	Creamy taco soup Mushroom and Swiss burger Orange chicken White rice Cauliflower rice Steamed broccoli Peanutty brownie	Creamy taco soup Ham and cheese melt Cauliflower
Friday	Oatmeal Canadian bacon breakfast pizza	Tomato soup Grilled cheese Thai peanut chicken salad Garden blend vegetables Pumpkin dream dessert	Tomato soup Grilled cheese Turkey stuffing hot dish California blend vegetables
Saturday	Malt O Meal Cook's choice	Cook's choice soup Steak house salad Sliced carrots Fudge brownie	Cook's choice soup Honey glazed shrimp and pineapple Rice blend Corn

The Grille is located on the lower level of the Main Campus of Lakewood Health System.
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